

**CLERGY RETREAT
14–18 OCTOBER 2019**

Santa Teresa Spirituality Centre, 267 Wellington Street, Ormiston

THEME: *Sacrament, silence and story: delight in being found by the God we continue to seek.*

LEADER: The Very Reverend Susanna Pain

PROGRAM

Day 1 — Monday 14 October

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| 4.30 to 5.30 pm | Arrive |
| 5.30 pm | Pre-dinner drinks* |
| 6.00 pm | Dinner |
| 7.30 pm | Brief introductory talk. Compline. Silence begins |

Days 2-4 (Tuesday to Thursday)

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| 6.00 to 8.30 am | Breakfast (self-serve) |
| 7.30 to 8.00 am | Christian Meditation |
| 9.00 am | Morning Prayer followed by talk |
| 10.30 am | Morning tea |
| 11.45 am | Eucharist |
| 12.30 pm | Lunch |
| Any time | Afternoon tea (self-serve) |
| 3.30 to 5.00 pm | Creative Reflection |
| 5.00 to 5.30 pm | Evening Prayer |
| 5.30 to 6.00 pm | Christian Meditation |
| 6.00 pm | Dinner (silence ends at dinner on Thursday) |
| 7.30 pm-ish | Bedtime story and Prayer at the End of the Day |

Day 5 — Friday 18 October

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| 6.00 to 8.30 am | Breakfast (self-serve) |
| 7.30 to 8.00 am | Christian Meditation |
| 9.00 am | Closing Eucharist and Reflection |
| 10.30 am | Morning tea and depart |

Notes

*Drinks available by the glass via honour system of payment. Please bring change.

So that you may 'relax and retreat' no one will be required to lead compline, Eucharist, or Morning/Evening Prayer. A sign-up sheet will be available for anyone willing to do the readings at Morning/Evening Prayer/Eucharist.

Sacrament, silence and story: delight in being found by the God we continue to seek.

Ministry is tough sometimes and we lose sight of God. This retreat will be a time of rest, refreshment and renewal, through an exploration of sacrament, silence and story:

- All of life is a sacrament, yet there is particular power in what the church names as sacraments.
- Silence too is powerful, as Meister Eckhart reflects, “There is a huge silence inside each of us that beckons us into itself, and the recovery of our own silence can begin to teach us the language of heaven. There is nothing so much like God in all the universe as silence.”
- Stories shape us and others. They are a way of understanding and drawing close.

This will be a silent retreat. There will be opportunities for people to meet with the retreat leader individually, as well as opportunities for daily group reflection and optional Christian meditation.

About the retreat leader

Susanna is Dean of St Paul’s Anglican Cathedral, Sale, in the Diocese of Gippsland, where she leads a community of faith in prayer, worship and action. She was made deacon in Goulburn in 1989, and priest in Adelaide in 1992, and has served in the Diocese of Canberra/Goulburn, Adelaide, Sydney, Bathurst and Gippsland. Susanna has spent almost 30 years as a parish priest in rural and suburban Australia, as well as industrial chaplain, university chaplain and hospital chaplain. She enjoys leading retreats, quiet days, meditation, and Creative InterPlay Workshops. She also values walking with others in Spiritual Direction and Supervision. Susanna delights in being married to The Reverend Nikolai Blaskow, and loves living in Sale and walking around the lakes and in the wetlands.